

# KIMBERLY A. KOPKO

## EDUCATION

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- **Ph.D., CHILD DEVELOPMENT**, CORNELL UNIVERSITY, DEPARTMENT OF HUMAN DEVELOPMENT (May 2005)
- **M.Ed., HUMAN DEVELOPMENT AND PSYCHOLOGY**, HARVARD UNIVERSITY, GRADUATE SCHOOL OF EDUCATION
- **B.A., PSYCHOLOGY**, BROWN UNIVERSITY, Magna Cum Laude, With Honors

## MAJOR APPOINTMENTS

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- ASSOCIATE DIRECTOR OF CORNELL COOPERATIVE EXTENSION and ASSOCIATE DIRECTOR OF EXTENSION AND OUTREACH IN THE COLLEGE OF HUMAN ECOLOGY (January 2015-present)
- CORNELL UNIVERSITY, SENIOR EXTENSION ASSOCIATE (March 2012-present) and DIRECTOR (January 2015-present) OF THE PARENTING IN CONTEXT PROJECT, DEPARTMENT OF POLICY ANALYSIS & MANAGEMENT. Duties include providing University level support to parent educators in the Cornell Cooperative Extension (CCE) System across 40 counties and in New York City by linking county-level programs with the research-based resources of the College of Human Ecology; building connections between Cornell faculty, staff and educators by organizing professional development opportunities including In-Service trainings, Program Work Team Meetings and curriculum trainings; promoting and supporting the use of evidence-based curricula among CCE educators working with families and youth; and building a strong research base among county level educators by sharing the results of original research through Research Briefs, Parent Pages and other translational research materials related to families and youth.
- CORNELL UNIVERSITY, EXTENSION ASSOCIATE (May 2007-February 2012) and ASSOCIATE DIRECTOR (May 2007-December 2014) OF THE PARENTING IN CONTEXT PROJECT, DEPARTMENT OF POLICY ANALYSIS & MANAGEMENT.
- PROSPER PARTNERSHIP NETWORK NY STATE FIELD COORDINATOR (August 2011-September 2014). PROSPER (PROMoting School-community-university Partnerships to Enhance Resilience) is an empirically-validated system for supporting the sustained, quality delivery of scientifically-proven programs for middle-school youth and their families. Duties include field management, ensuring that the local Community Teams are on track with project timelines, that model fidelity is occurring and that the Prevention Coordinator has the resources needed to support the Teams.
- AFFILIATE, BRONFENBRENNER CENTER FOR TRANSLATIONAL RESEARCH (BCTR) (July 2011-present). The mission of the Bronfenbrenner Center for Translational Research is to expand, strengthen, and speed the connections between cutting-edge research and the design, evaluation, and implementation of policies and practices that enhance human development, health, and well being. Affiliate duties in the Center include project management of the Parenting In Context Initiative and the PROSPER Partnership Model, collaborating with BCTR and 4-H Youth

Development colleagues to integrate parenting education with the work of translational and youth development researchers to expand the reach and impact of parenting education across the state, attending Senior Staff Meetings, and supervising research assistants.

- PROSPER PARTNERSHIP NETWORK NY STATE LIAISON (May 2010-August 2011). PROSPER (PROmoting School-community-university Partnerships to Enhance Resilience) is an empirically-validated system for supporting the sustained, quality delivery of scientifically-proven programs for middle-school youth and their families. Duties include developing relationships with Extension Administration team, key state stakeholders, leaders of youth organizations and state agencies and supporting partnership networks at the regional and state levels to build capacity for community-based prevention programs and to effectively deliver and sustain Evidence Based Interventions that reduce a range of youth problem behaviors.
- MEMBER, PARENT EDUCATION PROGRAM WORK TEAM (Current) (Co-Chair 2007-2015). The Parenting Education Program Work Team (PWT) was initiated in March 2004 with the primary goal of fostering communication among parenting educators, as well as providing support and resources to educators throughout New York State and is committed to addressing specific needs in the area of parenting education in New York State through disseminating research-based information and materials to educators, facilitating rigorous evaluation efforts and promoting a dialogue between community educators and Cornell faculty.
- ADOLESCENT DEVELOPMENT SUBCOMMITTEE CHAIR (Current). The primary goal of the Adolescent Development Subcommittee is to provide research- and evidence-based resources for parent educators working with families and youth. The Chair oversees the development and distribution of these resources including curricula updates and research-based translational resources on parenting and adolescent development.

## **MAJOR DISTINCTIONS**

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- LEADING CORNELL: (October 2016-April 2017). This capstone leadership program is designed to engage and develop staff who have demonstrated potential for advancing to key leadership positions within the University. A limited number of candidates are identified for their senior leadership potential and nominated by Deans and Vice Presidents in partnership with College Officers and Human Resource Directors
- FULBRIGHT SPECIALIST ROSTER CANDIDATE (April 2016-2021). This recommendation is on behalf of the U.S. Department of State's Bureau of Educational and Cultural Affairs (ECA) and the Institute of International Education's Council for International Exchange of Scholars (CIES). The Roster is a list of selected candidates who are eligible to be matched with incoming project requests from overseas academic institutions for Fulbright Specialists.

## **COURSES TAUGHT**

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- POPULATION & FAMILY POLICY PRACTICUM (Summer 2017). DIS Copenhagen. This 1-credit faculty-led program explores three topic areas on comparative social policies: Integration and Multiculturalism in Denmark; Sexuality Education in the European Union; and Changing Family Patterns in Scandinavia and includes site visits to the Danish Ministry for Children and Social Affairs, to a Danish middle school, and a session with fathers on paternity leave.

- CHILD DEVELOPMENT: THEORY AND PRACTICE (Summer 2016). DIS Copenhagen. This 4-week course combines classroom learning in childhood and adolescence, with a learning lab immersion experience at summer camps and community organizations. The goal of the course is to introduce students to elements of education for children and young people in urban areas through active cultural and leisure activities. Students will engage with children using their learning from the classroom to understand Danish/Nordic pedagogy in a hands-on context. The course includes a Study Tour to Helsinki, Finland.

### SELECTED RESEARCH EXPERIENCE

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- CORNELL UNIVERSITY: RELATIVES RAISING YOUTH PROJECT (Current). This project examines the well-being of youth (aged 12-18) being raised by a grandparent. Data collection consisted of in-person surveys, open-ended questions, and videotaped interactions between grandparents and grandchildren to gather detailed information on aspects of the grandparent/grandchild relationship such as parenting behaviors, relationship quality and family routines. Current efforts include analyzing trends in the data and summarizing the findings for academic audiences, Cornell Cooperative Extension educators and state agencies that work with families and youth.
- COLUMBIA UNIVERSITY POSTDOCTORAL RESEARCH ASSISTANT for Suniya Luthar, Ph.D. (May 2005-May 2006). Duties include actively contributing to ongoing research including data analysis, co-authoring publications, networking with collaborators, and collaborating in the dissemination of findings in a study examining the developmental psychological, emotional, interpersonal and academic outcomes of affluent youth.

### SELECTED PUBLICATIONS

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- Dunifon, R., Kopko, K., Chase-Lansdale, P.L. and Wakschlag, L. (2016). Multigenerational relationships in families with custodial grandparents. In M. H. Meyer & Y. Adbul-Malak (Eds.), *Grandparenting in the United States*. New York: Baywood Publishing.
- Dunifon, R., Ziol-Guest, K., & Kopko, K. (2014). Grandparent co-residence and family well-being: Implications for research and policy. *The Annals of the American Academy of Political and Social Science*, 654(1), 110-126.
- Kopko, K. (2013) The effects of the physical environment on children's development. *Montessori Leadership*, 15(2), 27-29.
- Kopko, K., & Dunifon, R. (2012). The Cornell Cooperative Extension Statewide Data Collection System: An online data collection tool for parent education programs. *Journal of Extension* [Online], 50(3) Article 3TOT2. Available at: <http://www.joe.org/joe/2012june/tt2.php>
- Zember, E., Brainerd, C.J., Reyna, V.F., & Kopko, K.A. (2012). The science of law and memory. In E. Wethington & R.E. Dunifon (Eds.), *Research for the public good: Applying the methods of translational research to improve human health and well-being* (pp. 147-167). Washington, DC: APA.
- Hostetler, A. J., Desrochers, S., Kopko, K., & Moen, P. (2011/12). Marital and family satisfaction as a function of work-family demands and community resources: An individual and couple-level

analysis. *Journal of Family Issues*, 33(3), 314-338 (published online on 7/24/11).

### SELECTED EXTENSION PUBLICATIONS

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- Cook, E., & Kopko, K. (2014). *Offering Parenting Education Programs in Your County*. Available online at: [http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Professional-Page\\_Offering-Parenting-Education-Programs\\_FINAL.pdf](http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Professional-Page_Offering-Parenting-Education-Programs_FINAL.pdf)
- Cook, E., & Kopko, K. (2014). *To Spank or Not to Spank: Why Spanking Should Be Discouraged*. Available online at: [http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Spanking-Parent-Page\\_Final.pdf](http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Spanking-Parent-Page_Final.pdf)
- Cook, E., & Kopko, K. (2014). *Why Spanking Should Be Discouraged*. Available online at: <http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Spanking-Research-Brief.pdf>
- Gill, L., & Kopko, K. (2014). *Parenting a Child with Autism Spectrum Disorder: What is the Latest Research?* Available online at: <http://www.human.cornell.edu/pam/outreach/parenting/research/upload/Parenting-a-Child-with-ASD-2.pdf>

### SELECTED PRESENTATIONS

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- Kopko, K. (Interviewee), Lustick, S. (Host) (2017, June 17). *The role of fathers in parenting* [Radio interview]: <http://whcuradio.com/podcasts/housecall-june-17-2017/>
- Kopko, K., Tennyson, S., Sipple, J.W. & Sanchez Arrieta M.J. (2016, May). *Enhancing community impacts of school-based health clinics in rural New York*. Presentation at the Community & Regional Development Institute (CaRDI) Research Roundtable Series, Ithaca, NY.
- Kopko, K. (2016, April). *Parenting In Context: An overview of program and research activities*. Presentation at the Rockwool Foundation, Copenhagen, DK.
- Dolbin-MacNab, M., Kopko, K., & Dunifon, R. (2015, November). *Custodial grandparents and the middle generation: A qualitative metasynthesis*. Poster presented at the 68<sup>th</sup> Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Dolbin-MacNab, M., Kopko, K., & Dunifon, R. (2014, November). *Grandparents raising adolescent grandchildren: A dyadic analysis of parenting interactions*. Paper presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.
- Dunifon, R., Kopko, K., Chase-Lansdale, P.L. and Wakschlag, L. (2014, August). *Multigenerational relationships in families with custodial grandparents*. Paper presented at the 109<sup>th</sup> Annual Meeting of the American Sociological Association, San Francisco, CA.
- Kopko, K., Dolbin-MacNab, M., & Dunifon, R. (2014, March). *A dyadic analysis of parenting behaviors and relationship quality among adolescent grandchildren and custodial grandparents*. Paper presented at the 15th Biennial Meeting of the Society for Research on Adolescence, Austin, TX.

- Dolbin-MacNab, M., Dunifon, R. & Kopko, K. (2013, November). *Custodial grandparent families: Recruitment and retention strategies for family researchers*. Paper presented at the 66<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Dunifon, R., Ziol-Guest, K., & Kopko, K. (2013, June). *Grandparental co-residence and family wellbeing: Implications for research and policy*. Paper presented at the Institute for Research on Poverty 'Family Complexity, Poverty and Public Policy' Conference, Madison, WI.
- Kopko, K. (2012, October). *Adolescent development and teens being raised by grandparents*. Grandparents Raising Grandchildren: The Role of Grandparents in the Lives of Youth. CYFERnet Webinar. Sponsored by CYFERnet Parent/Family Editorial Board.
- Dunifon, R. & Kopko, K. (2012, March). *Relationship quality and parenting among grandparent caregivers and teens*. Poster session presented at the Biennial Meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.

#### **SELECTED EXTENSION PRESENTATIONS**

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- Kopko, Kimberly (2016, February). *Parenting education: Advancing extension and research activities statewide, nationally, and internationally*. Presentation to CCE Executive Leadership Conference. Ithaca, NY.
- Kopko, Kimberly & Overton, Thomas (2015, October). *Bringing the classroom to reality: CCE summer internship program*. CCE Campus-County Connection Webinars 2015-16 Series. Ithaca, NY.
- Kopko, Kimberly (2015, August). *Grandparents raising grandchildren and other contemporary parenting trends*. Presentation to NY FarmNet/FarmLink Consultant Training. Geneva, NY.
- Kopko, Kimberly & Cook, Eliza (2015, February). *Parenting in the digital age: Strategies and recommendations for promoting healthy technology and media use with youth*. Presentation to Cornell University College of Human Ecology Employee Rejuvenation (CHEER) Group. Ithaca, NY.
- Kopko, Kimberly & Dunifon, Rachel (2014, August). *The Relatives Raising Youth Project: An Example of Translational Research in Parenting Education*. Presentation at the Bronfenbrenner Center for Translational Research Talks at Twelve Series. Ithaca, NY.
- Kopko, Kimberly (2013, December). *Parenting In Context: Integrating extension and research activities in the area of parenting education*. Presentation at the Cornell Cooperative Extension Jefferson County Positive Parenting: Nurturing Strong Families Community Discussion. Watertown, NY.
- Dunifon, Rachel & Kopko, Kimberly. (2013, March). *The Parenting in Context Project: Overview and recent research*. Building Campus-County Connections Webinar Series: Research & Extension. Ithaca, NY.

- Dunifon, Rachel & Kopko, Kimberly. (2012, December). *The Parenting in Context Project*. Presentation at the Bronfenbrenner Center for Translational Research Talks at Twelve Series. Ithaca, NY.
- Kopko, Kimberly. (2012, December). *A system that works: The PROSPER delivery system for evidence-based programs*. Presentation at the Cornell Cooperative Extension Schuyler County Annual Meeting. Watkins Glen, NY.
- Kopko, Kimberly. (2012, April). *New models for campus/community collaboration: Evidence-based Programs (EBPs)*. Presentation at the Research Navigator Certification Training. Ithaca, NY.
- Kopko, Kimberly & Sussmann, Suzan (2012, January). *Strengthening Families: Connecting to community resources and statewide update*. Presentation to CCE Parent Educators, January Parent In-Service. Ithaca, NY.

### **SELECTED GRANTS**

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- NIFA/USDA/SMITH-LEVER Integrated Project: "Enhancing the Community Impact of School-Based Health Centers in Rural New York via Parenting Education: A Pilot Study." Award: \$148,500. Funding period: October 1, 2016-September 30, 2019. Sharon Tennyson, Principal Investigator, Kimberly Kopko, Co-Principal Investigator.
- CUAES/NIFA/USDA Hatch Project: "Nonresidential Parental Involvement in Custodial Grandparent Families: Research, Implications, and Intervention." Award: \$90,000. Funding period: October 1, 2015-September 30, 2018. Rachel Dunifon, Principal Investigator, Kimberly Kopko, Co-Principal Investigator.
- CCE/NIFA/USDA Smith-Lever Project: "Parenting in Context: Expanding Community Evaluation Efforts and Evidence-Based Programming Statewide." Award: \$75,000. Funding period: October 1, 2015-September 30, 2018. Kimberly Kopko, Principal Investigator, Rachel Dunifon, Co-Principal Investigator.
- Vice Provost of International Affairs Internationalizing the Cornell Curriculum (ICC) Grant: "Internationalizing the Curriculum in Demography and Social Policy: Lessons from European Population and Policy Experiences." Award: \$18,196. Funding period: Academic years 2015-16 and 2016-17. Kelly Musick and Kimberly Kopko, Co-Principal Investigators.
- SMITH-LEVER Program Work Team Special Needs Support. Award: \$1,660 (FY 2015).
- SMITH-LEVER Program Work Team Special Needs Support. Award: \$1,500 (FY 2013).
- CUAES/NIFA Hatch Project: "Teens Being Raised by Relatives: Using Research to Inform Policy, Practice, and Family Well-Being." Award: \$90,000. Funding period: October 1, 2013-September 30, 2016. Kimberly Kopko, Principal Investigator, Rachel Dunifon, Co-Principal Investigator.
- CCE/CUAES Smith-Lever Project: "Parenting in Context: Advancing the Integration of Extension and Translational Research Activities Statewide." Award: \$90,000. Funding period: October 1,

2012-September 30, 2015. Kimberly Kopko, Principal Investigator, Rachel Dunifon, Co-Principal Investigator.

- Sponsored Grant: "PROSPER Demonstration Project." Award: \$190,000. Funding period: October 2011-September 2014. John Eckenrode, Principal Investigator, Kimberly Kopko, Co-Principal Investigator.
- CCE/CUAES Integrated Research and Extension Project: "Teens Being Raised by Relatives: Using Research to Inform Policy and Practice." Award: \$120,000. Funding period: October 1, 2009-September 30, 2012. Kimberly Kopko, Principal Investigator, Rachel Dunifon, Co-Principal Investigator.
- CCE/CUAES Smith-Lever Project: "Parenting in Context Project: Advancing the Integration of Extension and Research Activities Statewide." Award: \$90,000. Funding period: October 1, 2009-September 30, 2012. Rachel Dunifon, Principal Investigator, Kimberly Kopko, Co-Principal Investigator.

## **HONORS**

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- BROWN UNIVERSITY: PHI BETA KAPPA (Spring 1998). Elected to the Rhode Island Alpha of Phi Beta Kappa
- BROWN UNIVERSITY: SIGMA XI, HONOR SOCIETY OF RESEARCH SCIENTISTS (1998). Elected to Associate Membership

## **PROFESSIONAL MEMBERSHIPS**

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- American Psychological Association
- Developmental Psychology Division of the American Psychological Association (Division 7)
- Phi Beta Kappa
- Sigma Xi, Honor Society of Research Scientists
- Society for Research on Adolescence
- Society for Research in Child Development

## **REVIEWER**

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- Child Development
- Demography
- Journal of Adolescence
- Journal of Family Issues
- Journal of Family Relations
- Parenting: Science and Practice
- Programs of Distinction Peer Reviewer (National 4-H)
- Sloan Network Online Work-Family Encyclopedia

## **INSTITUTIONAL SERVICE**

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- Management Institute for Academic Professionals, completed October 2015
- Policy Analysis and Management Department Extension Leader, January 2015-present
- Policy Analysis and Management Extension Committee Leader, January 2015-present

- SUNY Faculty Senate representative for the College of Human Ecology (3-year term), elected April 2014

#### **COMMITTEES**

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- SUNY Faculty Senate Nominations Committee for Vice President/Secretary (August 2017)
- University Staff Survey Committee (July 2017)
- Cornell Cooperative Extension Strategic Plan 2018–2022 Advisory Committee (October 2016)
- Dean’s Fellowship in the History of Home Economics Committee (July 2016)
- University Public Engagement Communications Committee (July 2016 – January 2017)
- Cornell Cooperative Extension Scholarship Committee (March 2015)

#### **CONSULTATION WITH AGENCIES, ORGANIZATIONS, COMMISSIONS, GROUPS**

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- Governor’s Advisory Group: LMI Public Participation Initiative (July 2015)
- Consultant: New York State Parenting Education Partnership (NYSPEP)